

Resource Request Form



PLEASE PRINT THIS FORM

Mail your form to: Asthma Society of Canada
124 Merton Street, Suite 401
Toronto, ON M4S 2Z2

OR

Fax your form to: 416-787-5807

The Asthma Society of Canada's resources are available **free of charge to residents of Canada**. For more information or to order by phone, call us toll-free at 1-866-787-4050 or email info@asthma.ca. The Asthma Basics booklets are also available on our website at www.asthma.ca.

Shipping/Contact Information:

First Name: _____ Last Name: _____

Title/Department: _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: (____) _____ E-Mail: _____

Yes, sign me up as a Friend of the Asthma Society to receive our monthly e-newsletter

Brochures:

Quantity requested

Breathe – Your Asthma is as Unique as You Are Brochure
Includes tips on self-management and an Asthma Action Plan

English

Asthma Patient Bill of Rights

English

French

Preventing the September Peak – Sara's Ready...
Bilingual brochure (English and French)

Posters:



Asthma Awareness Poster

Quantity requested
(English) (French)

Asthma Patient Bill of Rights

Asthma Basics Booklet Series:

Please note: There is a maximum limit of 20 copies of each publication unless otherwise specified.

The Asthma Society of Canada has developed a series of booklets that provide a step by step approach to asthma management in a simple-to-understand format.



#1 – Diagnosis

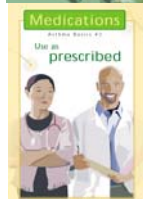
Discusses what asthma is, the diagnosis and testing, and answers common questions about asthma. It includes a checklist of questions you can consider asking healthcare professionals.

Quantity requested
(English) (French) (Chinese)



#2 – Triggers

Discusses the common allergic and non-allergic triggers and steps that can be taken to control your asthma. It includes a checklist to use when planning changes to the home environment and a sample symptom diary.



#3 – Medication

Discusses the common asthma medications and their side effects. Also highlights the various inhalers available and how to use them. Includes a Family Physician Airways Group of Canada Asthma Action Plan.



#4 – Kids

For children nine years and older. Interactive booklet to teach children about their asthma. Includes a school action plan for the teacher. A Companion product to the www.asthma-kids.ca website.

Thank You.