

Resource Request Form

PLEASE PRINT THIS FORM

Mail your form to: **Asthma Society of Canada**
4950 Yonge Street, Suite 2306
Toronto, ON M2N 6K1



OR

Fax your form to: 416-787-5807

The Asthma Society of Canada's resources are available **free of charge to residents of Canada**. For more information or to order by phone, call us toll-free at 1-866-787-4050 or email info@asthma.ca. The Asthma Basics booklets are also available on our website at www.asthma.ca.

Shipping/Contact Information:

First Name: _____ Last Name: _____

Title/Department: _____

Organization: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: (____) _____ E-Mail: _____

Yes, sign me up for the quarterly e-newsletter, *State of the Asthma Nation* – it's free!

Brochures:

Quantity
(English)



Breathe – Do You Have Asthma? Brochure
Includes general information from the Asthma Society

Breathe – Your Asthma is as Unique as You Are Brochure
Includes tips on self-management and an Asthma Action Plan

Posters:

Quantity
(English)

Quantity
(French)

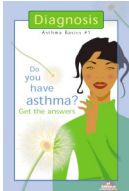
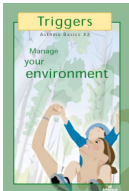


Asthma Awareness Poster

Signs and Symptoms Poster

Asthma Basics Booklet Series:

Please note: There is a maximum limit of 20 copies of each publication unless otherwise specified.

The Asthma Society of Canada has developed a series of booklets that provide a step by step approach to asthma management in a simple-to-understand format.

Asthma Basics	Quantity (English)	Quantity (French)	Quantity (Chinese)
 <p>#1 – Diagnosis Discusses what asthma is, the diagnosis and testing, and answers common questions about asthma. It includes a checklist of questions you can consider asking healthcare professionals.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 <p>#2 – Triggers Discusses the common allergic and non-allergic triggers and steps that can be taken to control your asthma. It includes a checklist to use when planning changes to the home environment and a sample symptom diary.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 <p>#3 – Medication Discusses the common asthma medications and their side effects. Also highlights the various inhalers available and how to use them. Includes a Family Physician Airways Group of Canada Asthma Action Plan.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 <p>#4 – Kids For children nine years and older. Interactive booklet to teach children about their asthma. Includes a school action plan for the teacher. A Companion product to the www.asthma-kids.ca website.</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank You.